



Name: _____ Session: _____

Pre-Camp Health Screening (required for Day & Overnight campers)

In an effort to minimize the risk of spreading of communicable disease, RVR is requesting that you do a simple daily screening at home for symptoms of illness 7 days prior to the start of your camp stay (a minimum of 3 days of pre-camp health screening will be accepted for late registrations). Please bring this completed form with you to check-in.

Please indicate if the participant has any of the following symptoms each day & record a temperature daily. Symptoms to look for: cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, new loss of taste or smell, nausea, vomiting, or diarrhea.

Questionnaire:

- Participant has not been around anyone with any of the above listed symptoms or diagnosis of COVID-19 in the 7 days prior to camp.
- No one in participant's household has been sick in the 7 days prior to camp.
- Participant has adhered to our state's guidelines regarding COVID-19.
- Participant has checked his/her hair for evidence of head lice and to the best of their knowledge is free of the presence of nits or lice.

Initial

Start date of temperature & symptom screening: ____ / ____ / ____

Day:	7	6	5	4	3	2	1
Temp/ symptom							

If participant has symptoms during the 7 days prior to camp, please see Primary Care Provider.

IMPORTANT :: On PCR Testing

RVR is requiring that ALL OVERNIGHT participants complete a PCR test for Covid-19 NO MORE than 4-5 days prior the start of the camp session. A printed hard copy of the NEGATIVE PCR Covid-19 test result must be presented along with this Pre-Camp Health Screening Form upon arrival to RVR. In addition, we ask that you upload results to your RVR camp account. Failure to present proof of a NEGATIVE PCR Covid-19 test could result in participant being denied admittance until test results received.

Yes, we have completed a PCR Covid-19 test and the results are attached.

I signify that we completed this daily health screening to the best of our ability for 7 days prior to camp and understand that arriving to camp healthy is vital to a healthy camp for all.

Guardian Signature (if under 18): _____ **Date:** _____

Participant Signature: _____ **Date:** _____

Questions regarding this form or requirements? Email healthservices@rivervalleyranch.com

Overnight Camper COVID Test Guidance

(Does NOT apply to Day Camp)

In order to do all we can to make sure camp happens this summer, *we are requiring a negative PCR test result in order to attend camp.* There will be no exceptions to this. This document will give you guidance to make this as easy as possible.

Type of Test Required

Must be a PCR lab test. We will not accept rapid antigen or antibody tests.

Testing Calendar

In order to get your preferred testing time, you can usually schedule the test 3 days in advance of your test (ie- Monday prior to your week of camp). We ask that you quarantine after testing*.

SUN	MON	TUE	WED	THU	FRI	SAT	SUN
Begin Pre-Camp Health Screening form	Schedule Your Wednesday Test		Get Test	Alt Test day	Upload test results & print copy	Upload test results & print copy	Arrive at camp with printed copy of pre-camp health screening and test results
	Quarantine as much as possible*	Quarantine as much as possible*	Quarantine as much as possible*	Quarantine as much as possible*	Quarantine as much as possible*	Quarantine as much as possible*	

***Limit activity to low-risk behaviors** – avoiding gatherings with friends and in public settings such as indoor restaurants and large crowds like sporting events. Masking, distancing, interacting outdoors, regular hand-washing are also recommended.

Suggested Testing Locations

There are many places to get a PCR lab COVID test and you are welcome to use any of them (many are free). However, we recommend one of these locations as they consistently return test results in 1-2 days:

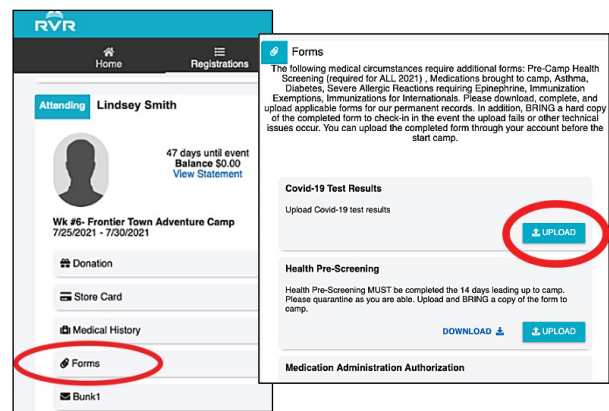
- **Walgreens:** https://www.walgreens.com/findcare/covid19/testing?ban=covid_vanity_testing
- **CVS:** <https://www.cvs.com/minuteclinic/covid-19-testing>
- **Hampstead Pharmacy:** <https://www.familypharmacyofhampstead.com/covid-19-testing-pcr>
- <https://maryland.maps.arcgis.com/apps/instant/nearby/index.html?appid=0a52c4f1510445218fcc06a4ae9a4163&find=>
- <https://www.doineedacovid19test.com/>

Submit Your Test Result

Once you receive your negative test, submit your result online in your RVR account: Log in & navigate to the “Forms” tab, which is under ‘Registrations’ > ‘Camper Name’.

You will ALSO need to bring a printed copy of the test to camp.

If you receive a positive test result, contact RVR’s office to make arrangements for either rescheduling or refunding options.



On-Site Testing With Delayed Entry

We strongly encourage you to complete the testing prior to coming as it will be a much more streamlined process. If you are not able to get your COVID testing done prior to coming to camp, we will have an on-site PCR testing option when you check in on Sunday. This will be done by an outside testing organization and will cost \$85. In addition, your child will need to remain in a separate location and will not be able to enter the camp program until the test result comes back Sunday evening. If your camper tests positive you would need to come back and pick him or her up.