
The health staff at RVR wants you to be well informed about the available health care. The health and safety of all participants is a program priority. Our goal is to maintain health & promote the wellness of all campers & staff.

What you need to know:

- There is a Registered Nurse on-site at all times. In addition, there are 2 to 5 trained health aids on-site 24 hours a day assisting with health and program activities at the various camps.
- A licensed practitioner is available by phone during office hours and on call if needed. The camp practitioner has approved all of RVR's standing orders and health protocols.
- The Carroll County Emergency Room is 30 minutes away and an ambulance is available within 7 minutes in the event of an emergency.

MEDICATION INFORMATION

The participant's medications may be administered by a Maryland State Certified Medication Technician as allowed by Maryland Dept. of Health Regulations for Youth Camps. A Delegating RN oversees the administration of all medications at camp according to MDH guidelines.

A Camp RN may call the prescriber, per the parent/guardian signed confidentiality agreement, if a question arises about the child's medical condition or medication

Severe Allergic Reactions/Epinephrine Auto-injectors: In the event a participant diagnosed with a severe allergic reaction, who is prescribed to carry an epinephrine auto-injector, but does not have the epinephrine auto-injector with him/her at the time of the reaction, RVR will use an epinephrine auto-injector from its stock supply. Or, if participant with unknown/undiagnosed severe allergic reaction experiences symptoms of anaphylaxis, RVR's practitioner approved emergency protocol for unknown/undiagnosed anaphylaxis will be initiated and RVR will use an epinephrine auto-injector from its stock supply.

All necessary forms for medication authorization, asthma, diabetes, or epinephrine auto-injector, can be downloaded at www.rivervalleyranch.com/camp-forms/

Mandatory Guidelines for Medication Administration at RVR:

****ALL**** medications must be turned in to health staff at check-in. Participants are not permitted to keep medication in luggage or dorms. (Exception: emergency medications)

1. Prescription medication brought to camp **MUST** be accompanied by a signed Medication Administration Authorization form from the participant's practitioner.
2. Over-the-counter medications, including vitamins and supplements, **MUST** be accompanied by a signed Medication Administration Authorization form from the participant's practitioner. *Do not use Daily Pill Boxes.* (*See Exceptions listed on authorized camp medications page of the health form).

3. ALL medication must be sent in the unaltered original manufacturer's package or pharmacy labeled bottles. *Do not use Daily Pill Boxes.*
4. Pharmacy labeled bottles must match the practitioner's written order on the Medication Administration Authorization form and parental computer entry EXACTLY.
5. Enclose the practitioner signed form in a zip-lock bag with the medication.
6. Send only the amount of medication needed for the camp week/session.
7. Expired medication/bottles will NOT be accepted.
8. All medication must be retrieved at check-out. If you will not be picking your child up, the delegate authorized to pick-up your child must retrieve medication. Medication left behind will be discarded.

HEALTH POLICIES

A participant who is sick before arrival at camp, should be kept home for his/her own sake and for that of other campers and the staff.

Contacting Parents/Legal Guardians:

- Non-emergency injuries/illnesses (i.e. routine scrapes, cuts, sore throats, upset stomach, bee stings, etc.) will be treated by RVR health staff using basic first aid protocols and standing orders approved by RVR's licensed practitioner. If the child's condition improves, a parent will most likely not be contacted during camp. However, if the condition does not improve or worsens, a parent will be notified.
- If a child has signs of illness or a persistent fever greater than 100°F.
- If a child has no overt symptoms of illness, but displays significant behavior changes and is clearly uncomfortable and not able to participate in activities.
- If your child becomes seriously ill at camp, you will be notified immediately (If under age 18). We will discuss the best plan of action. If your child has any health concerns requiring 24 hours+ attention, you will also be notified by a letter or email sent home at the end of the week.
- If a parent cannot be reached, Health Services will contact the emergency contact on the child's health form. Transportation is not provided for non-emergency.
- In the case of a serious illness or accident involving your child, a camp administrator will contact you immediately.
- In the event that you cannot be reached, your authorized signature on your child's Health Form allows us to secure prompt treatment at a nearby medical facility.
- If your camper becomes homesick, we will do our best to try and keep them at camp. Most cases of homesickness pass within a day or two. However, if they become unduly homesick, we will contact you. We encourage you to remain enthusiastic about your child being at camp, even if we have to call you. Most children remain at camp and have a great time with the proper support from their parents.

Insurance Information:

If a participant presents with a camp acquired injury while participating in a camp activity, the parent/guardian will be given a Brotherhood Mutual/AG Administrators claim form to file. This is a secondary policy. The claim, plus any medical bills must be filed first with the partici-

pants' private primary insurance, then Brotherhood Mutual/AG Administrators as the secondary. It is the responsibility of the parent/guardian to ensure that the billing department at any medical facilities where the participant is seen for treatment (including Urgent Care, ER Hospital, Primary Care, pharmacy, etc.) is given their private insurance as the primary and Brotherhood Mutual/AG Administrators as the secondary. RVR cannot file claims for the participant. Brotherhood Mutual/AG Administrators is intended to pay after the primary insurer (participant's own insurance) has either paid or denied the claim. Brotherhood Mutual/AG Administrators will then review the Explanation of Benefits + bill and pay the amount remaining in accordance with the policy. Any remaining cost is the responsibility of the parent/guardian or individual.

Please Note: While RVR does have secondary, supplemental only insurance for participants, it does not have a comprehensive insurance plan. It is designed to cover the initial injury, or accident after the participant's private insurance has paid. Once the cap is reached, it becomes the responsibility of the parent/guardian or the individual to pay any remaining costs. Illnesses acquired while at camp, or pre-existing conditions, are not covered under RVR's insurance policy. It is recommended that every participant have some form of personal health care coverage; however, it is not required to attend camp.

Head Lice:

- The participant will most likely be checked for head lice within the first 24 hr. of admission to camp. If live head lice or nits are found on a participant's head, the parent/guardian will be notified immediately and the participant must leave camp for treatment at home or by a professional lice removal company. This is for the safety and consideration of all campers and staff at RVR.
- The participant may return to camp 24 hrs following the treatment, provided camp staff does not find any nits remaining in the hair. We have a strict "no nit" policy.
- All clothing, bedding and personal items must be properly treated before returning to camp.
- The parent/guardian must assume the responsibility of bringing a child to camp with nits or live lice. RVR does not pro-rate for missed days due to lice or offer refunds. We do offer the option of switching to a different week based on availability, or camp fees can be applied to next year's registration.
- Check out the FAQ page on RVR's website for links to helpful resources on head lice.
- The best way to avoid this scenario is to check your child's head carefully 1-2 days prior to camp and treat if needed. We appreciate your cooperation in dealing with this sometimes difficult and frustrating issue.

Campers with Special Needs:

RVR strives to provide positive camp experiences for children with various needs whenever possible. However, RVR is not set up to provide programs that are rehabilitative or therapeutic in nature and does not specialize in serving children with special needs, including children with significant physical, emotional, social, or behavioral difficulties. We appreciate the opportunity to work with you in order to determine if the RVR experience is appropriate to meet the needs of your child.